

**IN THE ABSTRACT:**

Please amend the Abstract to read as follows:

**ABSTRACT**

[[To]] Method to recover resin used in an optical disk [[10]] in high purity ~~and with ease in recycling an optical disk.~~ [[A]] The method ~~for recycling an optical disk of the present invention~~ includes an abrading step and a peripheral face removing step. The abrading step abrades a recording surface [[31]], opposite to a reading surface [[30]] where a substrate [[11]] of the optical disk [[10]] is exposed, until the substrate becomes exposed. Further, the peripheral face removing step removes portions adjacent to an outer peripheral face [[32]] and an inner peripheral face [[33]].